

# MASCO EXCELS SESSION II OFFERINGS

**Ping Pong**  
(Morris)  
**Tuesday 3:00-4:00** Come learn the basics of ping pong. Daily tournaments will be played. Singles and doubles matches included! Limited to 12 students.

**Ping Pong**  
(Trenholm)  
**Wednesday 3:00-4:00** Come learn the basics of ping pong. Daily tournaments will be played. Singles and doubles matches included! Limited to 12 students.

**Ping Pong**  
(Malio)  
**Thursday 3:00-4:00** Come learn the basics of ping pong. Daily tournaments will be played. Singles and doubles matches included! Limited to 12 students.

**Ping Pong**  
(Benedix)  
**Friday 2:30-3:30** Come learn the basics of ping pong. Daily tournaments will be played. Singles and doubles matches included! Limited to 12 students.

Ping pong club will take place in front of the library in the hallway each day, except Friday where it will be by the office.

**PLEASE SPECIFY WHAT DAY ON THE SIGN UP SHEET ABOVE.**

**If you do not you will be assigned a random day.**

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**Basketball**  
(DeAngelo)  
**Monday 6:00-7:00a.m.** Want to play more basketball? Come and hoop it up with your friends as we will play many fun basketball games. These games will include HORSE, knockout, around the world and pick up games.

**Beginner Chess**  
(Cobb) 119  
**Tuesday 3:00-4:00** I am looking for some warriors who want to hone their skills on the chess board battlefield. (This is also a great place to come learn the game for new players).

**Scrabble**  
(Trenholm) C-217  
**Tuesday 3:00-4:00** If you are a lover of games and words, and if Scrabble is a game that you already play or would like to learn how, then this is the place for you. We'll review the rules and how to play, and I'll give you some hints on effective strategies. We'll play one on one, as teams, and along the way have some fun.

**Bracelet and String Things**  
(Murphy) B-123  
**Tuesday 3:00-4:00** Come make friendship bracelets out of string or gimp. Try new patterns and make some friends. Bring your own supplies

**Afternoon Improv-**  
(Wrobel) B-120  
**Tuesday 3:00-4:00** Improvisational Theater is a form of comedy that requires actors to think on their toes and come up with material on the spot- it is also a lot of fun! Students in this excel will develop skits and participate in improv exercises.

**Guitar**  
(Bisceglia) C-212  
**Tuesday 3:00-4:00**  
**Or Thursday 3:00-4:00** Do you have a guitar at home, and you've been wanting to learn some of the basics? In beginner guitar club, participants will learn the basics of how a guitar works and an introduction to playing. Tuning, care, and some *basic* music theory will be the focus for trimester 1.  
**LIMITED TO 6 STUDENTS. SIGN UP EARLY!!!**

**Computer Building**  
(Thurlow) B-127  
Tuesday 3:00-4:00

Interested in learning how to build your own computer? Students will learn about the parts and software that go into a computer and how to build a computer from the ground up. Students will **NEED** to bring in their own computer. If students do not have a computer they can be bought for \$30 or more at BOX Q. BOX Q is a computer recycler and are located at 97 Tenney Street Georgetown, MA. Students will need to bring in basic tools i.e. screwdrivers, wrenches, pliers, but I will also bring in tools for students to use. **Limit to 6 students.**

**Google Sites Web Design**  
(Marcoulier) B-125  
Tuesday 3:00-4:00

Students will use Google Sites to create a basic web page. They will learn how to edit backgrounds, add pictures, links, and blogs. Students will need to create a Google account to sign in.

**Indoor Soccer**  
(DeAngelo) Field house  
Wednesday **6:00-7:00a.m.**

Want to play more soccer? Come out and have some fun with your friends as we play indoor soccer games.

**Footwork**  
(Cobb) B-119  
Wednesday **6:00-7:00 AM**

Want to work on your speed and agility for any sport you participate in? Come to Footwork and learn some great techniques you can use on your own to make you a better athlete on the field. Locker rooms will be open to change for school.

**Environmental Club**  
(Benedix) B -120  
Wednesday 3:00 - 4:00

If you care about the environment, conservation, and animal rights you should sign up for the Environmental Club! Help us make Masco a better (and greener) place to be. Our goal is to increase everyone's awareness of the positive impact that we can all have on the environment around us! Recycling is the key to our success during our 6 weeks.

**Public Service**  
(Bridgeo) B-123  
Wednesday 3:00-4:00

Have you ever wanted to write your own commercial or public service announcement. Well, come to Mrs. Bridgeo's room for an exciting new excel where you and some friends can write, direct and act in your very own Public Service Announcement.

**Robotics**  
(Malio) C-216  
Wednesday 3:00-4:00

Are you interested in creating robots and competing in challenges against your fellow classmates? In this third session, students will explore robotics by creating and programming robots using the LEGO MINDSTORMS NXT kit. During this session, students will familiarize themselves with the various components of the system including the NXT Intelligent Brick, various sensors and servo motors as they control robots using pc based computers and Bluetooth technology. Students will then compete against each other by creating autonomous robots, programmed to compete various design challenges. **Limited to 20 students.**

**Film Fans**  
(Wrobel) B-120  
Wednesday 3:00-4:00.

If you like long movies, you'll love short movies! During each Film Fans meeting we will watch and discuss an entertaining and thought provoking short film.

**Writer's Club**  
(LeBlanc) C-201  
Wednesday 3:00-4:00

If you are a writer looking for a place to share and improve your writing, then come to the Writer's Club! If you're a budding novelist, a lover of short stories, a poet, or have always thought about writing but never tried, this is the club for you. Each week we'll do writing exercises, look at what advice & tips great writers have for writing, work on our own pieces, receive constructive feedback, and work towards creating an amazing final product. We'll also look into ways we can publish our work and learn about the submission process. If you've got a creative spark, come let it grow & burn brightly.

**Book Club**  
(Green) Library  
Wednesday 3:00-4:00

Do you like to read? Are you hiding under the covers at night with a flashlight finishing up a good book? Can you carry on or participate in a discussion? Then, book club is for you. We will meet six times this year, on the first Thursday of each month to discuss various books. Our first selection will be a banned book of your choice. These books will be read outside of school and we will choose our next book at each meeting. Selections will be age appropriate for middle school students.

**All About Me: Getting Ready To Be The Best You!**

(Thurlow and Kelleher) B-113  
Wednesdays 3:00-4:00

Once a week group to have fun while learning some really important skills – Beat stress to the punch and learn how to relax and do your best in any situation. Learn how to get your best ideas out, how to communicate so others will listen and how to listen really well. Have fun while you get to know some ways to relax and get to know yourself – the awesome teen that you *really* are. Each class we will do some yoga and then take time to *just tune in...* You will learn some *basic stress busters* that you can take with you wherever you go.... You can try new ways to *express yourself...*are you a secret poet? or painter? You'll have a chance to see that to *get the best out of your day* and *not let bad stuff get you down* or get in your way is *easy!*

**Snacking & Scrapbooking**  
(Phillips) B-107  
Wednesdays 3:00-4:00

Do you already scrapbook or have you wanted to start? Come to scrapbooking excel! Each week we will all bring in materials to share, along with our favorite pictures. Come listen to music, chat with friends and create scrapbooking pages. Of course we are all starving after school, so each week we will have a snack while we scrapbook!

**\*\*Students will be responsible for providing some scrapbooking supplies**

**Risk**  
(Cobb) B-119  
Thursday 3:00-4:00

If you have ever dreamed of world domination it is about time that you signed up to play Risk with your friends and Mr. Cobb. We have room for 8 and games continue on each week until someone has conquered the world!

**Apples to Apples**  
(Marcoulier) B-123  
Thursday 3:00-4:00

Come play the exciting game of Apples to Apples. Students will have a casual and social atmosphere to play the categories type game with friends.

**Box Lacrosse**  
(Cobb) Field House  
Thursday 6:00-7:00 a.m.

Get up early and come play the fastest game on two feet with your friends. There will be **NO CONTACT ALLOWED!** Helmet/Goggles and Gloves required!!! We will be using field players ONLY. Goalies will be on the field not in the net.

**Martial Arts**  
(Felt) C-210  
Friday 2:30-4:00

Filipino stick fighting, Arnis taught in the Japanese Martial arts tradition, emphasizing defensive, non-aggressive techniques and cooperation with one another as we learn and practice. **An additional materials fee to the instructor of \$20** will be added to those who need sticks.

**Ultimate Frisbee**  
(DeAngelo) Fieldhouse  
Friday 6:00-7:00a.m.

Come play a fun recreational game of ultimate Frisbee with your friends before school.

**Volleyball**  
(Schatzel) Gym  
Friday 6:00-7:00 AM

Get a team of your friends together and come play volleyball we can organize teams to play round robin style or just establish group games each week. Basic volleyball instruction will be given each week along with match play. Locker rooms will be open to change for school.

**RC Car Club**  
(Thurlow)B-127  
Friday 2:30-3:30

Interested in building and modifying a radio controlled car? Students will need to bring a radio control car. Student can buy additional parts to modify their vehicle but will be encouraged to find alternative ways to modify their vehicles. Students will need to bring in basic tools i.e. screwdrivers, wrenches, pliers, to put the car together but I will also bring in tools for students to use. When students have completed their vehicles we will hold various competitions to test the skill of the vehicles and students.  
**(Limited to 12)**

**Weight Lifting**  
(Parrella) Field House  
Monday 2:30-3:30

Want to get an introduction to the world of weight lifting? Sign up for lifting and come learn the basic techniques for a proper workout routine with Coach Parrella.